

## Article commentary: small and restrict sample size – should we publish it? Comentário a um artigo: amostra reduzida e seletiva – deverá ser publicado?

Mafalda Neves<sup>1</sup>, Mariana Guimarães<sup>2</sup>, Teresa Rodrigues<sup>3</sup>  
Centro Hospitalar Universitário São João

### Abstract

Short commentary on an article published last November on JAMA Magazine, on a very relevant topic, where both the size and inclusion criteria make it impossible to generalize the knowledge, or make it applicable on our daily activities.

**Keywords:** Article commentary; Delayed cord clamping; Cesarean delivery.

Regarding the article<sup>1</sup> published by Stephanie E. Purisch et al, last November on JAMA Magazine, on the maternal outcomes on term singleton cesareans where delayed cord clamping was performed (DCC), the article was very useful but somewhat lacking in certain areas.

DCC is established as beneficial to newborns, both term and preterm, and numerous studies have shown its importance in vaginal births<sup>2,3</sup>; and, due to the lack of data regarding this procedure during cesarean, this article was of extreme importance in assuring physicians that no worst outcomes were to be expected. In spite of this, the small sample size and the short amount of period during which the data was collected lessen its strength. It would be beneficial a longer follow-up period and the monitoring on both mothers and newborn's development.

The article also mentioned the feasibility of applying DCC, but in truth it isn't always possible to have someone clocking the time of clamping, making this conclusion might be a little bit hasty. It would also be interesting studying DCC not only in scheduled cesarean deliveries, but urgent as well, since those are the ones physicians fear the most, and in some places more common (for example, in our institution only 1/3 of the cesarean deliveries account for the scheduled group).

Furthermore, recent studies have established new

DCC cut-off time of 90 seconds<sup>4</sup>, so a wider net of cord clamping times, and the comparison regarding its outcome would also enrich the study.

In conclusion, perhaps an article with bigger sample size, more inclusive and with a wider follow-up period should be considered.

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### ENDEREÇO PARA CORRESPONDÊNCIA

Ana Mafalda Costa Castro Neves  
Centro Hospitalar Universitario de São João, Porto, PORTUGAL  
E-Mail: mafa.c.neves@netcabo.pt

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1. Interna da especialidade de Obstetrícia e Ginecologia do CHUSJ, Porto  
2. Especialista de Obstetrícia e Ginecologia do CHUSJ, Porto  
3. Assistente hospitalar de Obstetrícia e Ginecologia do CHUSJ, Porto